

NSS SPECIAL 7 DAY CAMP (28.12.2023 to 03.01.2024)

The NSS Department of DAV College, Amritsar organised a Seven Days Special NSS Camp 28.12.2023 to 03.01.2024 at slums around the Lohgarh Gate. The Volunteers of one unit took part in the Special Camp under the guidance of the Principal Dr. Amardeep Gupta, NSS Programme Officers Prof. Savita, Dr. Seema Sharma and Dr. Sakshi. Various activities were conducted during the camp and their day wise details have been given below:

Day 1 (28.12.2023)

Inaugural session of the camp was organised 28.12.2023. On this occasion worthy Principal Dr. Amardeep Gupta, Vice Principal Dr. Daisy Sharma, Prof. Vikas Gupta (Head, Department of Biotechnology) motivated the students. They said that through this camp, the volunteers can do something beneficial for the society and learn the moral values. On the first day of the Camp the 'Rally on Drug Abuse' was organized at slum area adopted by the NSS department of the college. The inspiring slogans spoken by volunteers touched the hearts of everyone. Volunteers communicated with the residents of the area and tried to know their problems. They motivated them to quit the consumption of drugs.

Day 2 (29.12.2023)

The NSS Department organized a lecture on 'Food and Nutrition' by Ms. Samriti, (Dietitian and NSS Volunteer) on the second day of the NSS Camp at DAV Sen. Sec. School, Lohgarh Gate. NSS Programme Officer Dr. Sakshi threw light on the various tips and strategies to keep oneself fit and fine and to stay away from the diseases. They said that students should take healthy and nutritious diet to keep themselves fit. Volunteers were also given light refreshment after the enlightening talks.

Day 3 (30.12.2023)

On the third day of NSS Camp, the volunteers fed the stray dogs, cows and birds around Lohgarh Gate and Durgiana Temple. Volunteers ate langar and helped in serving langar and cleaning utensils at the Langar hall of Durgiana Temple. Students surveyed the dogs which were not sterilized. The list of 101 unsterilized dogs was sent to Govt. Animal Welfare Organization for sterilizing the dogs. An injured cow was also sent to a cow shelter by NSS volunteers for treatment.

Day 4 (31.12.2023)

The NSS unit of the college organized a Cleanliness Drive on the fourth day of its camp. The workers of Municipal Corporation with its two vans lifted the heaps of rubbish from the Lohgarh Gate and Katra Dullo. The volunteers showed them the places around adopted area which were full of garbage and got them cleaned.

Day 5 (01.01.2024)

On the fifth day of NSS Camp, the NSS volunteers helped the Municipal corporation to rescue the dogs for sterilization. A dog which was biting the people and suffering from rabies, was also rescued by the Municipal corporation with the help of the volunteers.

Day 6 (02.01.2024)

On the sixth day of NSS camp, the volunteers planted the plant saplings around the adopted area. NSS volunteers also distributed the plants door to door among the residents of the area. The motive of the programme was to make the people aware about the environment and significance of the plants in our life.

Day 7 (03.01.2024)

The Seven-day NSS Camp, concluded with great fervour and enthusiasm. Dr. Anil Sharma, Cardiologist, Ivy hospital extended an enlightening lecture on "Heart Attacks". He gave a detailed overview of symptoms, causes and preventions of heart attacks. The lecture was very informative and enlightening. He also said that people should take walk daily and pay attention towards their diet. He urged the NSS volunteers not to eat junk food and adopt healthy lifestyle. Dr. Amardeep Gupta, Principal of the college stated that this kind of lectures aware the students and eliminate the number of heart patients. Programme officers Prof. Savita, Prof. Seema, Prof. Sakshi and Prof. Poonam were present during the function. On this occasion a free medical camp was organized in collaboration with the IVY hospital, Amritsar for the residents. During the camp, free ECG, blood and Sugar tests were done.



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